



PILLARS OF GLOBAL HEALTH

Building Competencies For Global Health Engagement

Building on 30+ years of expertise in ethical community-based global health educational programs, CFHI, in collaboration with Aperian, proudly introduces the Pillars of Global Health, a series of online modules designed for faculty at university-level institutions.

Now in use by dozens of institutions, options include utilizing the modules for Pre-Departure Training and orientation, Global Health minors, tracks, certificate programs, and more.

FLEXIBLE LEARNING

Self-paced and fully asynchronous modules.

EASY INTEGRATION

Seamlessly embed modules into classes, pre-departure training, Global Health tracks, and more.

PROGRAM DIPLOMA

Students receive a Certificate of Completion.

INTERACTIVE CONTENT

Engaging learning materials that inspire critical thinking.

COURSE MODULES

- 01 Global Health Definitions and Discourses
- 02 Planetary and One Health
- 03 Global Health Ethics
- 04 Social Determinants of Health
- 05 Diverse Collaborations & Addressing Health Disparities
- 06 Cross-Cultural Effectiveness and Adaptability*
- 07 Global Burden of Disease
- 08 Health Systems

*Includes access to GlobeSmart by Aperian and the Intercultural Effectiveness Scale by the Kozai Group.

SPECIAL DISCOUNTS

Group and Bulk Access: Tailored solutions for academic institutions.

Low- and Middle-Income Countries: Accessible pricing to promote global inclusivity.



For more information about the Pillars of Global Health or to discuss tailored solutions for your institution, please reach out to: robin@cfhi.org

Institutions currently transforming their curriculum with Pillars of Global Health



Child Family Health International

CFHI PRE-DEPARTURE TRAINING

Prepare for a Safe & Meaningful Global Health Experience

CFHI integrates an ethical framework into its pre-departure training, encouraging trainees to approach their international experiences with curiosity, cultural humility, and a reflective mindset. This preparation fosters thoughtful engagement and ensures participants navigate global health settings ethically and responsibly.

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 - GlobeSmart Profile in partnership with Aperian
 - Intercultural Effectiveness Scale in partnership with Kozai Group
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HEALTH & SAFETY

- Mental health, self-care & Wellness
- Identity & Safety Abroad

GLOBAL HEALTH ETHICS

- Global Ambassadors For Patient
- Safety Modules by the University of Minnesota
- The principles and values behind global health
- Reflection and additional resources

PROGRAM LOGISTICS

- Location Overview
- Program Description & A Day in the Life
- Travel Arrangements & Visa Guidelines
- Health & Safety
- What to Bring



RETURNING HOME & REFLECTION

- Feelings Upon Return
- Critical Reflection
- Integrating an International Experience
- Professional Development



ALUMNI ADVISORS: PEER MENTORSHIP & SUPPORT

CFHI offers Alumni Advisors to provide peer mentorship and help trainees prepare for their programs. These advisors share their firsthand experiences and insights with current CFHI participants, offering valuable guidance and support throughout their journey. They also facilitate check-ins before and during the program and lead a post-program reflection, ensuring trainees have a well-supported and meaningful experience.

ORIENTATION SESSIONS

PRE-DEPARTURE HEALTH & SAFETY ORIENTATION.

This session prepares trainees for:

- Cultural Adjustments & Situational Awareness
- Health Precautions & Vaccinations
- Ethical Global Health Engagement

In-person Orientation with the Local Team

IN-PERSON ORIENTATION WITH LOCAL TEAM:

This session provides essential information on:

- In-Country Logistics & Clinical Rotations
- Cultural & Professional Expectations
- Q&A with Medical Leadership

ADDITIONAL MATERIALS & RESOURCES

- Participation Agreement & Code of Conduct
- Social Media & Photo/Video Ethics Policy
- Planetary Health Pledge
- Global Engagement Survey
- Country-Specific Required Readings
- Health History & Emergency Contact Forms
- Lodging & Health Placement Forms
- 1:1 Advising & Support
- Alumni Advisor Program



CFHI is an NGO in Special Consultative Status with the Economic and Social Council of the United Nations.

