



Annual Report 2012

**Child Family Health International**



**Celebrating 20 Years of Excellence in Global  
Health Education & Community Empowerment**

“Being part of the program has been one of the most memorable experiences of my life. Not only did it strengthen my professional and personal skills, but I gained knowledge about global health issues and how collaborative strategies can be developed to solve health related problems existing in developing countries, such as India.”

–Ranjit Kaur, Sight for All Ophthalmology Rotation





## OUR MISSION

Child Family Health International (CFHI) provides community-based Global Health Education Programs for health science students and institutions. Our unique model fosters reciprocal partnerships and empowerment in local communities -- transforming perspectives about self, healing and global citizenship.

### WHAT WE DO

#### Global Health Education Programs

CFHI is shaping the future healthcare workforce through experiences that inspire students to better understand poverty, healthcare, and their role as professionals and global citizens. Through over 20 programs in 6 countries we provide an opportunity for students from Western countries to learn while embedded within health systems worldwide. Our programs encourage students to *Let The World Change You* and commit themselves to underserved healthcare at home, recognize the complex determinants of health, and embrace cultural sensitivity.

#### Community Health Projects

CFHI reinvests in local partner communities through Community Health Projects aimed at underserved populations and spearheaded by local health care workers and clinics.

### HOW WE DO IT

#### Asset-based Community Engagement

CFHI connects with our partner communities through an asset-based approach. We ask our partners, “What are your community’s strengths that students can learn about?” By approaching partnership and program development from this angle, we engage community members as experts and set our students up to value and learn from the ‘developing’ world. Where many see poverty, we see resourcefulness, richness of culture, a wealth of passion, and abundance. These are the strengths that we highlight through our Global Health Education Programs.

#### Social Entrepreneurship

CFHI practices financial justice--compensating communities for their efforts hosting and educating students. This remuneration provides a boost to local economies, as well as recognition of the work that goes into our standard-setting programs. Through this social entrepreneurship model, CFHI is able to run educationally beneficial programs while ensuring explicit benefits in local communities.

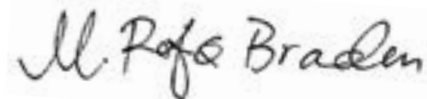
Dear CFHI Global Family and Supporters,

I was delighted to serve as Interim Executive Director in 2012. As the second female ED from the Global South at CFHI, I was drawn to CFHI by the fantastic staff, both at the SF office and around the world. On my travels to visit CFHI host communities, I was blown away by the commitment and dedication of the partners. This allegiance is very much a product of CFHI's conscientious programming and egalitarian partnership model that celebrated 20 years of success in September 2012!

The year was also marked by CFHI's expansion to Argentina —a wonderful addition providing an opportunity for participants to see social medicine and universal health care provision first hand. 2012 also saw renewed partnership between CFHI, academia, and foundations. A three-way partnership between CFHI, Northwestern University Feinberg School of Medicine, and the Global Health Initiative was able to provide standard-setting global health programming for Northwestern medical students while simultaneously supporting the training of parteras (lay midwives) in collaboration with the Ministry of Health. CFHI is a conduit for not only student experiences but also integration of students into local health systems and efforts to build workforce capacity for health.

CFHI is stronger than ever and I have no doubt the organization will celebrate many more decades. A hallmark of CFHI is to give donors, participants, and universities the ability to conduct community-engaged global health programming. We do so while also attending to fiduciary best-practices reflected by accolades from USA Today, Better Business Bureau, Guidestar, and many others. It was great pleasure to steer CFHI in 2012 and celebrate with you its excellent work.

All My Best,



Mirriam Rafiq Braden, MPH  
Interim Executive Director, CFHI



Dear CFHI Global Family,

2012 was a memorable year highlighted by our 20th Anniversary! Such events are often celebrated with confetti and champagne, but for us this milestone held much more significance and symbolism. In global health, longevity is a proxy for sustainability and successful partnerships. Only great partnerships survive for 20 years. We have created relationships based on mutual respect, reciprocity, and capacity-building that have endured the test of time. Twenty years of successful operations is validation of our model and our great work both at home and abroad.

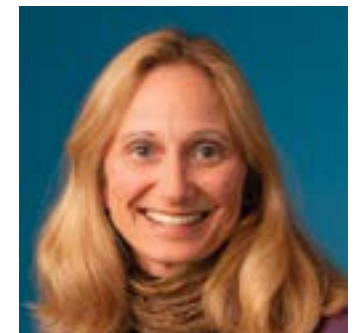
CFHI programs not only provide benefits in our host communities, but also build health care capacity within the US by inspiring our alumni to become global citizens passionate about treating underserved and marginalized populations. CFHI alumni bring their experiences of working in limited resource settings back home where the evidence shows that these transformational global health experiences make them better doctors, nurses, public health workers, and professionals.

CFHI is by nature a humble institution, as we consciously emphasize the wisdom of local health providers, community leaders, and host communities in Argentina, Bolivia, Ecuador, India, Mexico, and South Africa. We thank you for taking interest in CFHI and taking time to get to know us. Welcome to the CFHI Family of participants, partners, supporters, and like-minded allies.

Here's to many more anniversaries,



Evaleen Jones, MD  
Founder, CFHI



Dear Reader,

It is with great pleasure that I continue to Chair the Board of Directors of Child Family Health International (CFHI). The entire board takes great pride in CFHI with good reason. CFHI's great work and model gained renewed endorsement by the UN ECOSOC in 2012. CFHI is uniquely positioned to bring both first-hand global health exposure and interactions to participants, as well as be a conduit for the macroscopic global health initiatives of the UN and sister organizations. This year marked an important milestone in the UN's Millennium Development Goals, examining progress and defining a Post-2015 agenda. Similarly, CFHI has had the opportunity to embrace new leadership, examine our past accomplishments and impact, as well as look to our future.

I know CFHI has a bright horizon, marked by additional Academic Partnerships with US and other Western-based universities who are increasingly recognizing the unique blend of community-based experiential learning and structured curriculum offered by CFHI Global Health Education Programs. CFHI also continues to provide capacity-building reinvestment in host communities, wedding student programming to concrete gains for the local community.

The Board of Directors is pleased to bring you the following Annual Report. It allows you to see our sustainability from philosophical, programmatic, and financial perspectives. We look forward to working with you toward our shared visions.

Best Regards,



Gunjan Sinha  
Board Chair, CFHI



CFHI believes in building innovative, sustainable relationships with our global health partners. In 2012 CFHI sent alumni on pilot runs of three new Global Health Education Programs. The success of these ventures lead to the official launch of each program, bringing health experiences in different regions of the world to students from across the globe. Below are descriptions of the three new CFHI programs—one in India where we have been running programs since 1999, one in Argentina-- a first for CFHI, and new intensive language offerings.

### Palliative Care in Southern India

In March 2012, CFHI began sending students to Trivandrum, India - the southern, seaside capital of the state of Kerala and what Ghandi referred to as the 'evergreen city of India.' Trivandrum is rich in natural and historical significance; boasting beautiful beaches, windy backwaters, and ancient temples. The program, known as Palliative Care in Southern India, connects students alongside "Dr. Raj," the internationally acclaimed "Father of Palliative Care in India" who was featured in the New York Times. Dr. Raj's efforts have made great strides in advocating policy changes and extending palliative care throughout India. Students learn in depth about the field of palliative care alongside local health professionals and participate in homecare visits guided by a team of local experts as they care for patients to alleviate suffering from HIV, cancer, paralysis, and other life-limiting or terminal illnesses. CFHI's program is run in partnership with Pallium India, a non-profit organization advocating for the integration of palliative care into health systems in low-income countries, access to essential pain-controlling medications, and improved palliative care education to health care providers worldwide.



### Intensive Beginner Spanish Programs

Part of CFHI's role is shaping our future healthcare workforce. For this reason CFHI scaled up its intensive beginner Spanish programs focusing on language acquisition--adding Intensive Beginner Spanish and Healthcare Programs in Quito, Ecuador and in Oaxaca, Mexico. These experiences are especially important for students planning on serving patients in the U.S., where according to the Census Bureau about 12 percent of residents speak Spanish at home. Within CFHI intensive Spanish programs students participate in daily Spanish classes and volunteer for local nonprofits and social service agencies, later taking part in clinical rotations. Through these programs students immerse themselves in local communities, emerging with improved cultural competency and better able to communicate with Spanish-speaking populations at home and abroad.



### Primary Care and Social Medicine in Cordoba, Argentina

CFHI launched its Primary Care and Social Medicine in Cordoba, Argentina Program, highlighting the health system in central Argentina designed to provide health access for all. Says Nick Penco, CFHI Program Director and native of Argentina, “Argentina is a unique country, a place built and made largely by immigrants. There is a continuous dichotomy of developed and underdeveloped country. Doctors are extremely well trained, but in the same hospital you find a lack of supplies and infrastructure.” Students in this program witness healthcare in this country of contrasts located in the southern cone, an area of Latin America home to emerging economies and a growing role on the world’s stage.



For More Information on Any CFHI Program: <http://bit.ly/AllCFHIPrograms>





“The poverty and the challenges that people face are intense and it is motivating to see people thrive and succeed in such an environment. The knowledge and confidence I gained in the medical field is priceless, but more amazing was the worldly knowledge and the understanding of people that I gained. I will never forget my experience; it has shaped me as a person.”

–Tori Edmiston, HIV/AIDS & Healthcare in Durban, South Africa Program

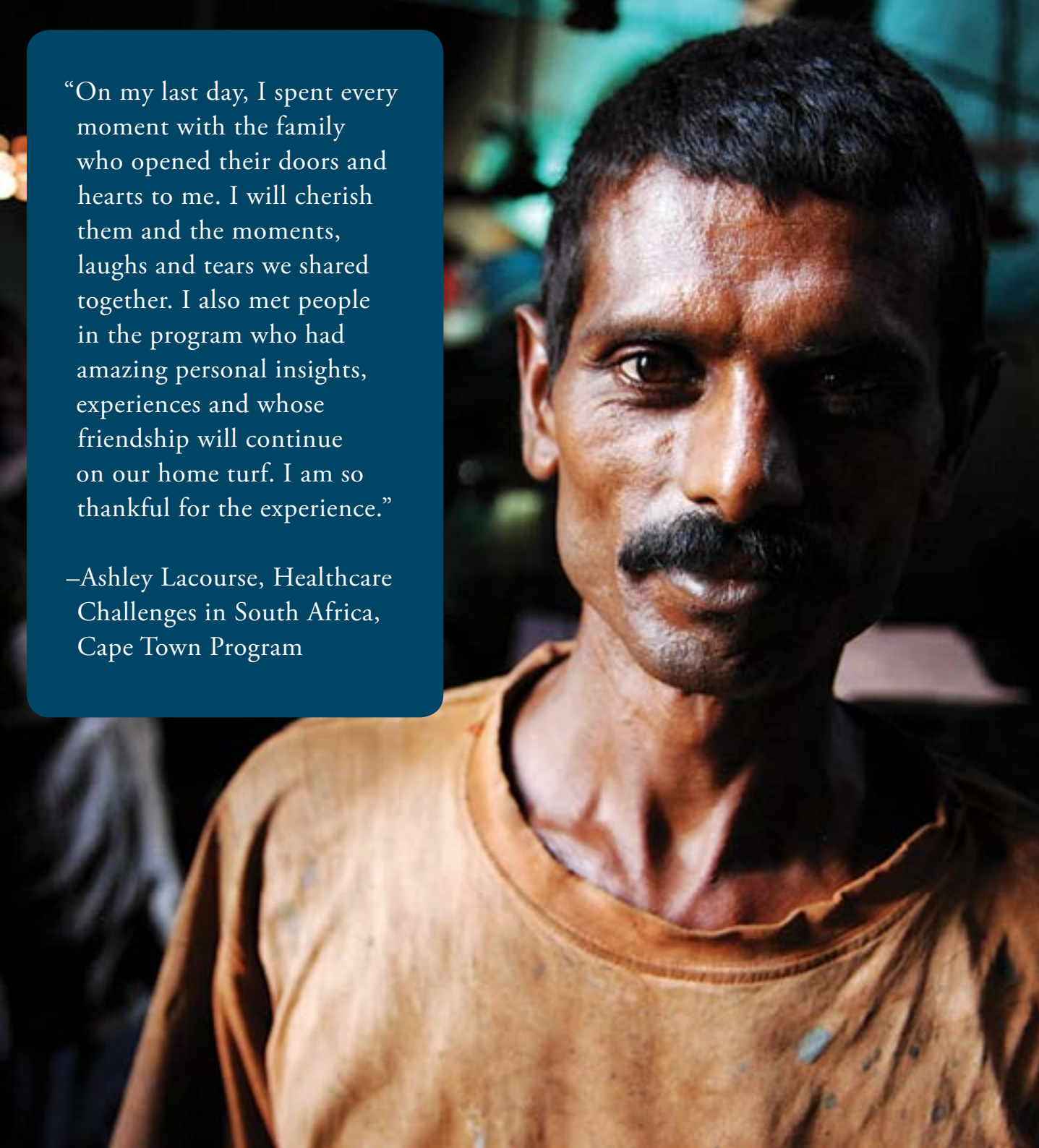
## Spotlight on CFHI Academic Partnerships

CFHI Academic Partnerships are collaborations between CFHI and undergraduate or graduate schools and universities that allow them to leverage CFHI to scale up global health offerings for students and faculty-led programs. These partnerships connect schools with CFHI’s program variety, expertise, best practices, and long-standing, socially responsible partnerships abroad.

CFHI Academic Partnerships allow for customization of CFHI Global Health Education Programs in Latin America, India, and Africa. CFHI provides program management, oversight, sustained community relationships and continuing quality improvement—reducing the administrative burden for universities. CFHI programs run year round, allowing schools to plug into well-organized sites as their academic schedules allow.

CFHI is recognized as a global health ethics leader and helped set industry standards for undergraduate health-related international programs through the Forum on Education Abroad. CFHI also led the seminal text, “Global Health Training in Graduate Medical Education: A Guidebook, 2nd Edition” (GHEC, 2011) and is an NGO in Special Consultative Status with the United Nations.





“On my last day, I spent every moment with the family who opened their doors and hearts to me. I will cherish them and the moments, laughs and tears we shared together. I also met people in the program who had amazing personal insights, experiences and whose friendship will continue on our home turf. I am so thankful for the experience.”

–Ashley Lacourse, Healthcare Challenges in South Africa, Cape Town Program

## Community Health Projects 2012

Community Health Projects are a mechanism through which CFHI reinvests in host communities, empowers local control of projects, and builds the capacity of local leadership. These projects enable committed local leaders to provide innovative, sustainable, capacity-building efforts for their own people. In this way CFHI helps communities help themselves, a hallmark of our approach to development. These small, grassroots projects make a tangible impact on communities and are successful as a result of generous contributions by our loyal supporters and thoughtful foundations.

## Confronting Maternal and Infant Mortality:

### Midwife Training in Mexico

#### (Oaxaca, Mexico)

A major hurdle to reducing maternal and infant mortality is to educate lay midwives (parteras in Spanish) and other traditional birth attendants in sterile birth techniques, early recognition of complications, and basic life-saving responses to common problems of childbirth. The partera training in the state of Oaxaca brought together 40 midwives from small villages who lack access to such education. This model partnership leveraged the skills of Northwestern's Feinberg School of Medicine NUAID student group, CFHI's strong community ties, and the backing of Global Health Initiatives. In coordination with the Ministry of Health, midwives received life-saving education, community-building amongst themselves, and ties with physicians. Data from this training demonstrates a statistically significant improvement in midwives knowledge of life-saving interventions.



Traditional midwives listen intently.  
Oaxaca, Mexico.

### “Reaching the Unreached”

#### (Pawanagar, Maharashtra, India)

“Reaching the Unreached” provides sex education, substance abuse trainings and workshops to about 2,000 adolescents, aged between 12 and 20. Funding goes to employ a local community health worker and a local project coordinator, in addition to providing vital logistical support and outreach tools with which to attract local speakers. Tangible results thus far include a rise in marriage age within the community, reduced teenage pregnancies, and improvement in the attendance of antenatal visits and institutional delivery.

### Patti Clinic

#### (Patti, Uttarakhand, India)

In the northwestern foothills of Himalayas lies Patti and surrounding villages. This project maintains the operation of a clinic and small on-site pharmacy that treats the primary healthcare needs of 28 Himalayan villages. For many this clinic serves as the sole source of healthcare in this area, where villagers may travel 4 to 5 hours on foot seeking care. Since 1999, this project has served over 50,000 patients and in 2012 more than 4,500 people were treated at this facility.

### Alalay Bolivia

#### (La Paz, Bolivia)

Alalay is a Bolivian non-profit organization dedicated to helping street children reintegrate into society. Since August of 2011 CFHI has provided funds allowing Alalay to hire a psychologist, a physician and an educational therapist, as well as purchasing medicine, school supplies, books and games for the children. Alalay has three facilities housing between 150 to 200 children. Alalay's programs intervene at a critical time in these children's lives. Without the benefit of attentive parenting, these children's destinies are shaped before they can make decisions for themselves. Alalay, with CFHI's support, does its part to ensure this destiny is shaped in positive ways and brings health, education, and safety into their lives.



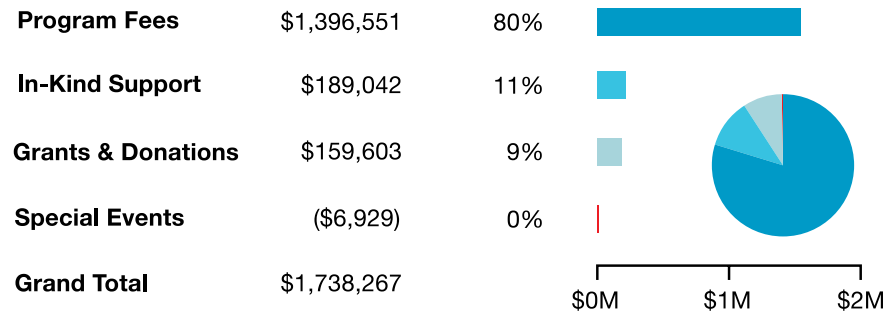
Child at Alalay. La Paz, Bolivia.

# 2012 FINANCES

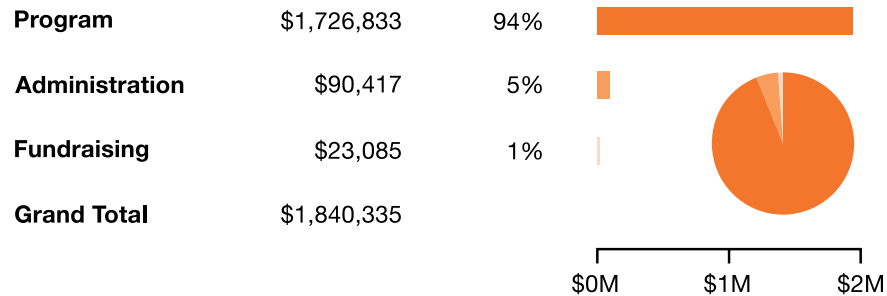
January 1–December 31, 2012

This report is based on an independent financial audit. CFHI's overhead for 2012 is 6%. This means 94 cents of every dollar contributed to CFHI goes to support and empower our host communities and Global Health Education Programs.

## Support & Revenue



## Expenses



**End of Year Net Assets \$131,155**

**Amount invested in host communities**

**\$820,325**



## PRECEPTORS AND LOCAL LEADERSHIP

We appreciate the amazing work done by our international partners in providing life-changing experiences for students year-round.

### ARGENTINA

Carlos Giavay Weiss JD  
*Program Director*

Dr. Allall  
Nicolás Loyola  
Dr. Marianelli  
Dra. Mengarelli  
Dr. Pizzi

### BOLIVIA

Dra. Karina Gamarra  
*Medical Director*

Dra. Cecilia Uribe  
*Medical Director*

Gonzalo Claure  
*Local Coordinator*

Fabricio Uribe  
*Local Coordinator*

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Dra. Patricia Carrasco  
Dra. Amanda Delgadillo  
Dr. Jorge Galindo  
Dra. Guadalupe Gutierrez  
Dr. Gonzalo Medina  
Dr. Alejandro Palacios  
Dra. Astrid Riveros  
Dra. María Luisa Santivañez  
Dra. Salette Tejerina  
Dr. Victor Hugo Velasco  
Dr. Victor Hugo Vilcaez  
Dra. Mary Yucra

### ECUADOR

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*Medical Director*

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*Local Coordinator*

Rosita Tamayo  
*Local Coordinator*

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Dr. Fabián Salazar  
Dra. Silvia Sancho  
Dra. Ana Serrano  
Dr. René Vargas

### INDIA

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*Medical Director*

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*Medical Director*

Dr. Sanjay Gandhi  
*Medical Director*

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*Medical Director*

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*Medical Director*

Sanjay Chakraborty  
*Local Coordinator*

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*Local Coordinator*

Mr. Claver Luis D'costa  
*Local Coordinator*

Mayank Vats  
*Local Coordinator*

Mr. Sudarshan Pandey  
*Volunteer*

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Dr. Babita  
Dr. Pankaj Bathla  
Dr. Savita Bijalwan  
Dr. A.K. Chakravarty  
Mr. Rupesh Chettri  
Dr. Vaishali Choudhari  
Dr. Yatin Dholakia  
Dr. Milind Dugad  
Mr. Dyneshwar  
Mr. Errol  
Dr. Vijay Gambhir  
Dr. Nisha Gera  
Dr. Rakesh Gilhotra  
Dr. Girish Godbole  
Dr. Prem Nath Goel

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Dr. Dhanajay Gore  
Ankit Gulati  
Dr. Gune  
Dr. Rashmi Gupchup  
Dr. Asmita Gupte  
Dr. Sanjay Gupte  
Dr. Shubhangi Jadhav  
Dr. Jain  
Mr. Jayanta  
Ms. Aneeraj Mariam Joseph  
Dr. K.B. Joshi  
Dr. Rajan Joshi  
Dr. Dilip Kale  
Mr. Kapil  
Dr. Nina Khairmode  
Ms. Shabista Khan  
Dr. Deepa Khanade  
Mrs. Pratibha Kathe  
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Mr. Manish  
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Dr. Hemant Potnis  
Dr. Shailesh Puntambekar  
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Shri Uday Thakar  
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Dr. Dilip Vasvani  
Mr. Vinod  
Dr. Vivek

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*Medical Director*

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*Local Coordinator*

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*Local Coordinator*

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Dra. Liliana Trujillo Bautista

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Dra. Luz Maria Perez Calderon  
Dr. Pedro Carreto  
Dra. Nelly Pin Castellanos  
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Dra. Margarita Acevedo Cruz  
Dra. Nancy Cruz  
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Dr. Carlos Cruz Perez  
Dra. Liliam Irasema Garcia Perez  
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Dr. Saul Minguer Vargas  
Dr. Luciano Tenorio Vasconcelos  
Dr. Gabriel Agustin Velasco

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and South Africa Coordinator*

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*Medical Director*

Maureen Bell  
*Local Coordinator*

Marion Williams  
*Local Coordinator*

Dr. A. Aboo  
Sr. Allee  
Sister Beryl  
Rhona Buckley  
Sr. Clementia  
Dr. Clint Cupido  
Ms. Nichola Daniels  
Mr. Munsamy  
Dr. A. Nitzsche  
Sister Nokwanda  
Ms. Jocelyn Pearce  
Ms. Estelle Petersen  
Sister Priya  
Dr. Ramji  
Dr. P. Rowe  
Dr. Cill Schermbrucker  
Dr. Singh  
Sister Tessa

## **BOARD OF DIRECTORS**

CFHI's Board of Directors serve in our community with the vision and support that are touchstones of leadership. We thank them for their important contributions to expanding the CFHI family.

Alan Biller, Treasurer  
Rea Callender  
Scott Loeliger, MD  
Ajoy Mallik  
Evaleen Jones, MD, Secretary  
Randi Ryan  
Steve Schmidbauer (ex officio)  
Gunjan Sinha, Chair  
Nicole Todd Bailey

## **STAFF**

With gratitude we recognize the outstanding contribution made by CFHI's talented and committed staff members.

Miriam Rafiq Braden  
*Interim Executive Director*

Steven Schmidbauer  
*Executive Director (fmr.)*

Evaleen Jones, MD  
*President/Founder*

Jessica Evert, MD  
*Medical Director*

Rebecca Lubitz-Marchena  
*Outreach & Development Manager*

Nicolas Penco  
*Student Programs Manager*

Polina Spivak  
*Accountant*

Lauren Talamo  
*Program Assistant*

## **INTERNS/ VOLUNTEERS/FELLOWS**

Your time and support help us in so many ways. CFHI extends deep gratitude to the following individuals:

Lyndsey Brahm  
Emerson Chen  
Kaela Connors  
Roxanne Espaldon  
Randi Griffin  
Tiffany Hu  
Alexandra Isakova  
Elizabeth Jung  
Megan Neal  
Sonja Steck  
Sage Ungerleider  
Prabhdeep Uppal

## **ACADEMIC PARTNERSHIPS**

CFHI thanks the following institutions for contributing to the success of our programs:

IE3 Global Internships  
Northeastern University  
Northwestern University  
Notre Dame University  
Princeton University  
University of California, Davis  
University of California, San Diego  
University of Kentucky

## **2012 SCHOLARSHIP**

### **RECIPIENTS**

CFHI congratulates the following scholarship recipients:

Sarah Andersen  
Bryan Bourdeau  
Ayse Celebioglu  
James Fitzgibbon

Amanda Henrichs  
Jean-Ann Ingram  
Kamaal Jones  
Mark Kaeppler  
Ashley Lacourse  
Lukusa Mutala  
Carla Plaza  
Emily Stieren  
Rumi Yokota  
Anna Zemke

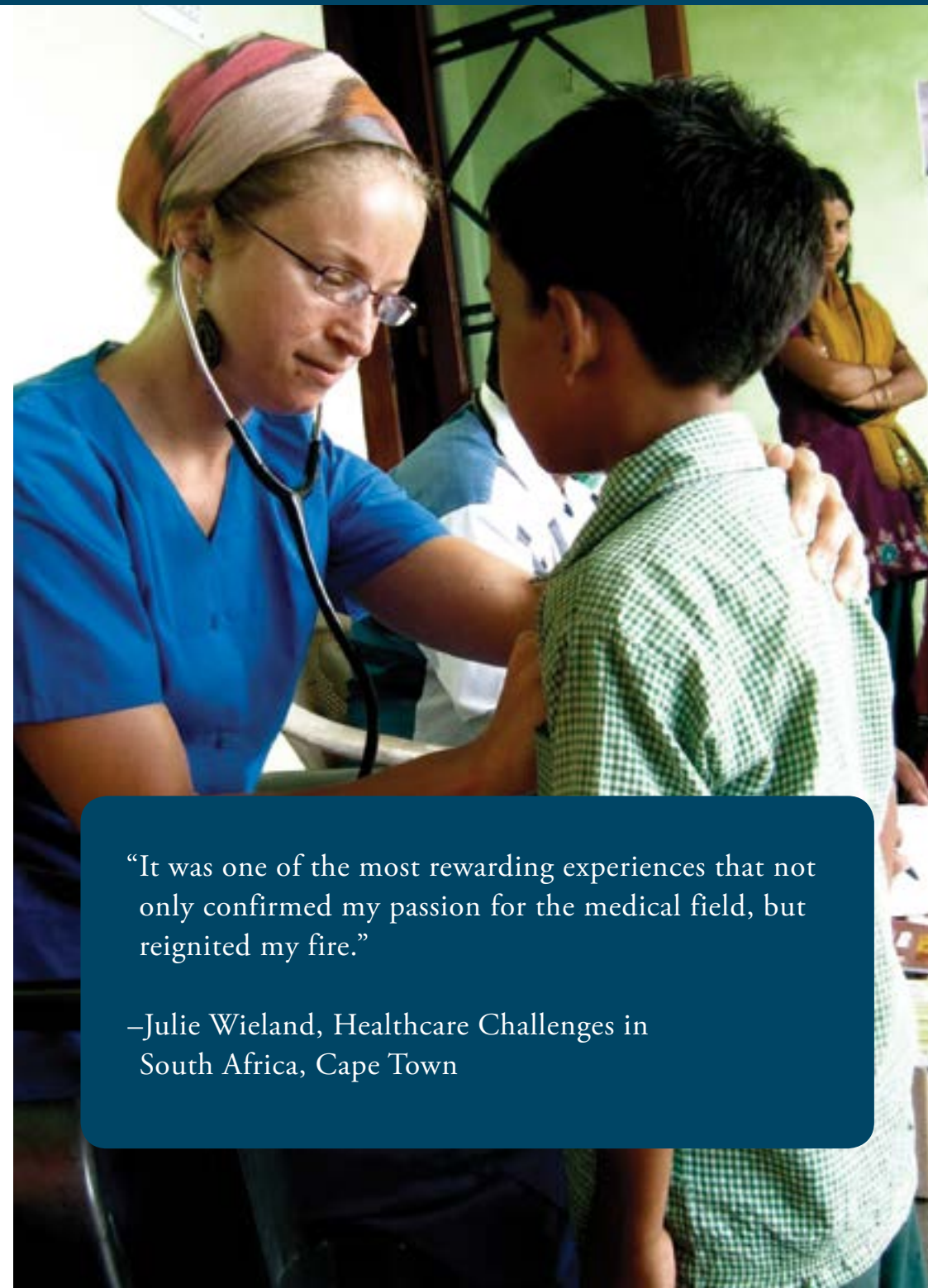
## **AFFILIATIONS**

CFHI is a proud partner and thanks these organizations for their collaboration:

American Medical Student  
Association (AMSA)  
Better Business Bureau (BBB)  
Consortium of Universities for  
Global Health (CUGH)  
International Volunteer Programs  
Association (IVPA)  
NAFSA Association of  
International Educators  
National Association of Advisors  
for the Health Professions (NAAHP)  
United Nations Economic and  
Social Council (UN ECOSOC)

## **ANNUAL REPORT PHOTO CREDITS**

Sarah Anderson, Lyndsey Brahm, Leah Downe, Melony Chakrabarty, Hema Pandey, Sheetal Patel, Timothy Kufahl, Rebecca Lubitz-Marchena, Alex Macy, Rebecca Miller, May Nguy, Sean Ong, Nick Penco, Carla Plaza, Elizabeth Schechter, Emily Stieren



“It was one of the most rewarding experiences that not only confirmed my passion for the medical field, but reignited my fire.”

–Julie Wieland, Healthcare Challenges in South Africa, Cape Town



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