



let the world | 2008  
**CHANGE** you | Child Family Health International

# let the world CHANGE you

# 2008

Child Family Health International

Founded in 1992, **Child Family Health International** (CFHI) is a global family of committed professionals and students who work to strengthen communities at the grassroots level. We are united by a vision of advancing quality healthcare for all by creating global health education programs that are socially responsible and financially just.

While offering a glimpse into 2008, our calendar presents some highlights from 2007 to accompany a series of great photos submitted by CFHI alumni.

Please enjoy,  
*The CFHI Team*



“...by engaging in meaningful conversation with like-minded individuals at the Clinton Global Initiative, I hope that I’ll come away with a small, but perhaps, vital realization that will contribute to CFHI’s bringing our vision into sharper focus. In the same way, I believe the students who enroll on our global health education programs have the opportunity to exchange their ideas and experiences with professionals and grassroots partners in our global community... and by so doing, let the world change them.”  
—Dr. Evaleen Jones

Dr. Evaleen Jones, pictured here with President Clinton at the 2007 Clinton Global Initiative, is Child Family Health International’s Founder, President and Medical Director. Dr. Jones attended the Clinton Global Initiative Annual Meeting (New York, September 26-28, 2007) as a Table Facilitator on global health and other issues.

## Recover Program

The Recover program has grown exponentially since its inception. In 2007, CFHI recovered more than \$2.3 million worth of unused medical supplies and equipment from US hospitals and private donors. Out of these, \$2.1 million worth of supplies were sent through shipping containers to our program site in Chone, Ecuador and to another partner organization in Santiago, Chile. In addition, more than \$100,000 worth of supplies was sent through CFHI students to all CFHI program sites worldwide. We hope to send more than \$2.7 million worth of supplies and equipment in 2008.

## CFHI’s New Web Site



Since 1992, CFHI has provided quality global health education programs for over 3,500 students. With the launch of our new web site, we aim to roll out more tools and services in 2008 to enable community-building and resource-sharing that advances quality healthcare for all. [www.cfhi.org](http://www.cfhi.org)

## Community Health Programs Running in 2007-08

CFHI is supporting 11 projects in 2007-08. As you can see, six are brand new, while five are recurring.

These community-driven initiatives are devised by the doctors and other community leaders who host and teach our students.

You can learn more about these pioneering grassroots interventions and help secure their success at [www.cfhi.org](http://www.cfhi.org).

### **NEW** Indigenous Approaches to Malaria, *Pastaza, Ecuador*

Identifies healthy ancestral practices to promote the control of diseases transmitted by arthropods in the jungle communities of Pastaza. These practices include, but are not limited to, using plants as insect repellent or circulating smoke within the houses to repel mosquitoes and other insects. The initiative also aims to train personnel of the Malaria Control Service in basic intervention concepts, with a focus on intercultural communication.

### **NEW** Medical and Developmental Screening for Pre-Schoolers, *Manenberg, South Africa*

Supports training workshops and provides for the services of two medical interns with pediatric skills to implement the medical and developmental screening of children aged between one and six.

### **NEW** The Avian Park Clinic Renovation, *Avian Park, South Africa*

Poor living conditions here contribute to the high risk for TB and other infectious diseases, with an average number of 6 people occupying a single tiny shack. This project will transform a dilapidated building into a fully functioning clinic and—after the renovation is completed—the Department of Health, staff from the University of Stellenbosch, and the local townspeople will partner to maintain it.

### **NEW** “Catch Them Young,” *Pawanagar, India*

Offers sex education and substance abuse trainings and workshops to about 2,000 adolescents, between ages 12 and 20. Funding will go to employ a local community health worker, and a local project coordinator, in addition to providing vital logistical support and outreach tools with which to attract local speakers.

### **NEW** Cervical Cancer Prevention, *Oaxaca, Mexico*

Determines the incidence of cervical-uterus cancer caused by human papillomavirus by conducting studies of middle-aged women. Over 500 patients will benefit from the colposcopy. It is necessary for doctors to know the magnitude of this social problem, in order to begin implementing alternative solutions to diminish the incidence of cervical cancer in the local female population.

### **NEW** “Youth United” for HIV/AIDS Awareness, *Oaxaca, Mexico*

According to COESIDA reports, there has been a recent increase in HIV/AIDS cases along the Oaxacan coast among those aged between 15 and 26. This worrying trend coincides with an increase in the number of pregnant teenagers, illegal drug use and violence among youth. The initiative was started by three CFHI students: Cristina Mota, Erik Berg and Lynn VanderWielen, who began by training 15 high school students. To be sustainable, Jóvenes Unidos needs to hire a local coordinator to manage all the administrative and outreach work with local educators.

### **RECURRING** Children Living in Jails, *La Paz, Bolivia*

Integrates medical aid, psychological and social support for young children forced to live in jail with their parents.



Dr. Wilfrido Torres, CFHI's Medical Director for the Amazon Community Medicine program, is pictured on the extreme right, cradling his 5-year-old daughter. His wife is in the center, with their newborn.

### **RECURRING** Healthcare for Remote Jungle Communities, *Amazon, Ecuador*

Supports further trainings for Community Health Promoters in the Shuar region of the Ecuadorian Amazon.

### **RECURRING** Stemming the Rise of Type 2 Diabetes, *Amazon, Ecuador*

Implements a tracking system for patients with Type 2 diabetes in remote rural areas.

### **RECURRING** Than Gaon Clinic, *Than Gaon, India*

Maintains the operation of a small clinic that treats the primary healthcare needs of 28 Himalayan villages.

### **RECURRING** Health Promoter Trainings, *Than Gaon, India*

Trains nine women elected by their peers from neighboring villages to deal with a variety of healthcare issues, especially in the area of mother and child.

 Charity Navigator is America's premier independent charity evaluator. Charity Navigator has awarded CFHI a 4-star rating—the highest available—due to our low overhead (6.4%, 2006 independent audit) and high efficiency.

 CFHI meets the BBB Wise Giving Alliance's Standards for Charity Accountability.



Gary's photograph captures a girl in contemplative mood, with Oaxaca in the background

Photo by: Gary Kirkilas II  
*Cultural Crossroads in Health, Oaxaca, Mexico, and 2006*  
scholarship recipient

“I am currently directing a free clinic in Spanish Harlem, and I have to tell you what a tremendous difference my experiences in Ecuador and Mexico have made in making me better prepared to work with our patient population. I am the first director—of the past five—that speaks Spanish (at all), who has lived in a developing country for any period of time, and can understand what it means to be poor and deal with limited resources in this country, so I think that has helped tremendously in improving our relationship with our patients.”

Sara Ludin, Andean Health in Quito, Ecuador, 2004 and CFHI Fellow in Puerto Escondido, Mexico, 2006. Sara's trips to Ecuador and Mexico inspired her to start learning Spanish, which she now uses on a daily basis in her volunteer work.”

**Sara Ludin**

*Andean Health in Quito, Ecuador, 2004 and CFHI Fellow in Puerto Escondido, Mexico, 2006*

## CFHI's Newest Programs

CFHI believes in building innovative, sustainable relationships with our global health partners. We recognize that our students benefit greatly from the expertise and the passion imparted to them by our partner-preceptors.

Over the next few pages, you will find thumbnail accounts of the newest of our 17 Global Health Education Programs, which are open for enrollment **all-year-round** in 2008. For more information, please visit [www.cfhi.org](http://www.cfhi.org).

# January 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		New Year's Day 1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	Martin Luther King Jr Day 21	22	23	24	25	26
27	28	29	30	31		



Alexis and fellow students en route to clinic, Hlabisa, South Africa.

Photo by: Alexis Guy  
Program Name: HIV/AIDS &  
Healthcare in Durban, South Africa

## HEALTHCARE CHALLENGES IN SOUTH AFRICA

*Launched in September 2007*

Under the Apartheid regime, healthcare was limited or non-existent for the vast majority of people until the 1990s. Though great improvements have since been made, much remains to be done, both for the underserved population and South Africa's healthcare system in general. This new

South Africa program in Cape Town offers senior level students a unique opportunity to work alongside healthcare professionals at Victoria Hospital, located in the city's southern suburb and surrounded by the incredible Table Mountain.

# February 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11	12	13	Valentine's Day 14	15	16
17	Washington's Birthday 18	19	20	21	22	23
24	25	26	27	28	29	



“Remind yourself that you are far, far away from home! Not all your comforts will be met, but you are the one who has to rise above it, embrace it, be open about it, and immerse yourself in the lifestyle of the country.”

**Darrell Kumar,**

*Introduction to Traditional Medicine, India, July 2007*

“When a boy in Panvel shares his “catch-of-the-day” with you, you know you’ve made a friend” - Scott Ritter

**Photo by: Scott Ritter**

*Program Name: Infectious Disease  
in Mumbai, India*

## **MATERNAL CHILD HEALTH IN PUNE, INDIA**

*Launches in January 2008*

In India, an estimated 136,000 mothers and 2.5 million children die every year, most often due to causes that are preventable or easily treatable if immediate help is available. Located in the Sahayadri Hills, near the west coast of India, Pune is a fascinating city with a pleasant

year round climate. This program offers comprehensive learning opportunities against the backdrop of the vibrant Marathi culture. Participants will have the chance to work with a variety of clinical sites including larger hospitals, and smaller rural clinics.

# March 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8 International Women's Day
9	10	11	12	13	14	15
16	17	18	19	20 Match Day	21	22
23	24	25	26	27	28	29
30	31					

“My experience with CFHI changed my outlook on medicine. Not only was I able to have hands-on experience in surgery, in the burn unit, and with vaccinations, I was able to learn from my peers.”

**Kathryn Abbott**

*Pediatric Health in La Paz, Bolivia, July 2007*



We extended our gratitude to the San Francisco Bay Area's Bolivian community who continue to support our fundraising efforts for our partners in La Paz

Photo by: Kathryn Abbott

Program Name: Pediatric Health  
in La Paz, Bolivia

## TROPICAL MEDICINE AND RURAL HEALTH ON THE COAST OF MEXICO *Launches in January 2008*

The Tropical Medicine and Rural Health program takes place in Puerto Escondido, a small town in the state of Oaxaca. One of the key health problems that students encounter on this clinical rotation is malaria, common in tropical regions. Students may also witness cases of

chagas, dengue, and common parasites. In addition to gaining insight to many of the tropical diseases that are common here, students can take medical and conversational Spanish classes at a local school.

# April 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
Freedom Day in South Africa 27	28	29	30			



Henna Hands: children in Delhi sport cartoon tattoos given to them by CFHI alumnus, Amit Wadhwa.

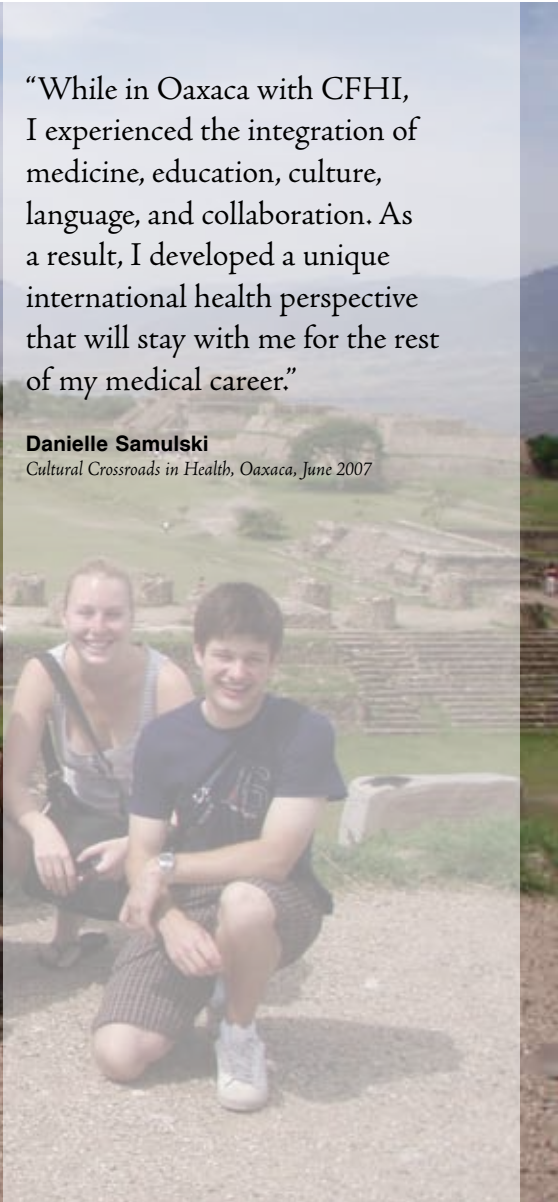
Photo by: Amit Wadhwa  
Program Name: HIV & Public Health  
Challenges, Delhi, India

CFHI is happy to announce the expansion of its Health Promoter project in the Than Gaon area of Northern India to include training on safe delivery and safe motherhood. In this part of India, where women are traditionally the healthcare providers within families, the health of the entire household is often the women's responsibility.

In the coming year, our partners in Than Gaon plan to hold a series of trainings for these healthcare promoters, providing them with the knowledge, skills and empowerment to prevent maternal mortality and improve the infant survival rate in their communities.

# May 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	Independence Day in Ecuador 24
25	Memorial Day 26	27	28	29	30	31



“While in Oaxaca with CFHI, I experienced the integration of medicine, education, culture, language, and collaboration. As a result, I developed a unique international health perspective that will stay with me for the rest of my medical career.”

**Danielle Samulski**  
*Cultural Crossroads in Health, Oaxaca, June 2007*

Rebecca (wearing the white baseball cap) in an ancient place, with new friends from her program.

Photo by: **Rebecca Harper**  
Program Name: *Cultural Crossroads in Health, Oaxaca, Mexico*

## WOMEN'S REPRODUCTIVE HEALTH IN MEXICO

*Launches in January 2008*

The Women's Reproductive Health in Mexico program takes place in Puerto Escondido, a small seaside town in the state of Oaxaca. There, students gain exposure to many of the challenges that women in rural Mexico face

when managing their reproductive health. In addition to rotations in local clinics and public healthcare centers, students will take medical and conversational Spanish classes at a local school.

# June 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					



“The biggest benefit from this program was that it allowed me to analyze my path in life and appreciate where I come from while, at the same time, opening my eyes to the many amazing people, customs and experiences another culture has to offer.”

**Anna Fellmann**

*Amazon Community Medicine in Puyo, Ecuador, January 2007*

Shuar girl. Puyo, Ecuador.

Photo by: Anonymous  
Ecuadorian Amazon

## AMAZON INDIGENOUS HEALTH IN ECUADOR

*Launched in July 2007*

This program provides the opportunity to learn more about indigenous communities in the Amazon region of Ecuador and their traditional practices in an increasingly developed world. Participants learn how the community

confronts the modern world and where traditional medicine and allopathic medicine intersect by learning more about the ancestral healing traditions of the Shuar tribes.

# July 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	Independence Day 4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		



“I had always envisioned and hoped for an ideal future in which public health, medicine, and humanitarianism were combined to care for the most underserved pockets of humanity. By participating in two CFHI rotations and working with some of the most tireless, passionate CFHI physicians and public health experts, I have realized that my personal ideal is already evolving into a shared reality.”

**Sonya Soni**

*Pediatric Health in La Paz, Bolivia, June 2007 and Rural Himalayan Rotation, India, June 2006*

Sonya Soni (center), went on two CFHI Global Health Education Programs: one in the Indian Himalayas and one in La Paz, Bolivia. By linking professionalism with social justice, CFHI is training culturally sensitive, empathic providers, like

Sonya, to serve as global health ambassadors and work with underserved communities overseas and here in the United States.

**Photo by: Sonya Soni**

*Program Name: Rural/Urban Himalayan Rotation*

CFHI has partnered with over 75 clinics and hospitals to offer health science students affordable, quality Global Health Education programs.

# August 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	Independence Day in Bolivia 6	7	8	9
Independence Day in Ecuador 10	11	12	13	14	Independence Day in India 15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						



This is the second of Amit's photographs selected for our 2008 Calendar. At the end of last year, Amit traveled to Delhi to participate in HIV & Public Health Challenges. As well as giving an opportunity to reconnect with family back in India, he told us how this trip had

helped to confirm his decision to change careers and enroll at Tulane's School of Public Health & Tropical Medicine.

**Photo by: Amit Wadhwa**  
*Program Name: HIV & Public Health Challenges, Delhi, India*

"We would like to widen horizons—help doctors from the U.S. and India meet each other. The world is so big, there are limitless opportunities in health awareness, and so many things are going on in Mumbai."

**Dr. and Dr. (Mrs.) Metha**  
*A husband-wife medical team who run a private clinic in Northeast Mumbai*

CFHI alumni come from schools and colleges all over the world.

# September 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Labor Day 1	2	3	4	5	6
7	8	9	10	11	12	13
14	Independence Day in Nicaragua 15	Independence Day in Mexico 16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				



Jeansun is pictured here wearing green scrubs, with medical staff in Dehradun, India. Jeansun was an Alumni Fellow in Dehradun in 2006 and 2007.

CFHI alumni have come from 35 countries throughout the world.

Photo by: Jeansun Lee  
Program Name: Rural Himalayan  
Rotation, Dehradun, India

# October 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
12	Columbus Day/ Indigenous People's Day13	14	15	16	World Poverty Day 17	18
19	20	21	22	23	24	25
26	27	28	29	30	Halloween 31	



Corey was a CFHI Alumni Fellow in Durban, South Africa in 2007. This photo was taken at the children's home where he volunteered.

Photo by: Corey White;  
Program name: HIV/AIDS &  
Healthcare in Durban, South Africa

"Many relationships have been built over the years, and both the students and homestay families have become very attached to each other."

Avril Whate  
CFHI's Africa Coordinator

# November 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
						1	
2	3	4	5	6	7	8	
9	10	Veterans Day	11	12	13	14	15
16	17	18	19	20	21	22	
23	24	25	26	Thanksgiving Day	27	28	29
30							



Taking cover... Dana Block, right, with CFHI preceptor, Dr. U.S. Paul.

Photo by: Dana Block

Program Name: Rural/Urban Himalayan Rotation, Dehradun, Mussoorie, and Than Gaon, India

Each year, CFHI offers a number of full and partial scholarships to deserving students. One such student is Job Siekei Mogire, a medical student at Moi University in Kenya.

"I am so very excited and extremely grateful for the award of the CFHI scholarship. This for me is a dream come true, something that I am sure will change my life completely." – Job Siekei Mogire

*Job received a CFHI scholarship to participate in our HIV/AIDS & Healthcare in Durban program in December 2007.*

# December 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	World AIDS Day 1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

“I think everyone will eventually experience cultural diversity, personal growth, depression, anxiety, death, disease, satisfaction, love, history, and peace at some point in their life. I got to experience them all at the same time and it was remarkable. It has completely changed my mentality. My perception of the people and places I experience on an everyday basis has been heightened beyond any level I could have expected. Sure I got credit for my time in India and the clinical work might help me get into medical school, however, the mentality I have developed, my heightened perception of others, an appreciation of diversity and a newfound patience with life are the most important things I will take away from this experience.”

**Nicole Tierney**

*Infectious Diseases in Mumbai, India*

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